



The City of New York Manhattan Community Board 8

505 Park Avenue, Suite 620
New York, N.Y. 10022-1106
www.cb8m.com
James G. Clynes, Chairman

Phone: (212) 758-4340
Fax: (212) 758-4616
info@cb8m.com - E-Mail
Latha Thompson, District Manager

Community Bulletin Board – April 2015

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT www.cb8m.com

Street Activity Permit Office (SAPO) - You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. **SAPO will no longer accept paper applications.** All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml.

Weill Cornell Medical College Health Seminars is presenting *An Update in Vaccinations and Cancer Prevention* on **April 2nd** by Dr. James Stulman, General Internist and on **April 9th** Jackie Topol, Registered Dietician, will present on *The Anti-Inflammatory Diet for Disease Prevention*. When? 6:15-7:15pm. Where? Weill Greenberg Center, 1305 York Ave. (at E. 70th St.), 2nd Floor.

Memorial Sloan Kettering invites community residents to attend the following free CancerSmart talks: **Thursday, April 2**, *Targeted Therapies for Breast Cancer: What Are They and How Do They Work*; **Wednesday, April 15**, *Progress and Promise: What you Need to Know about Colorectal Cancer*; and **Monday, April 27**, *Calling Cells to Arms: Engaging the immune System to Battle Cancer*. All CancerSmart talks will take place from 6:00 to 7:30 PM in the auditorium of the Rockefeller Research Laboratories building, 430 East 67th Street. You can also watch via webcast. Please call 212-639-3074 or visit www.cancersmart.org to register for programs and to sign up to receive webcast details.

The **19th Precinct Community Council** will hold its monthly meeting on **Monday, April 13th** at **7PM** at the 19th Precinct, 153 East 67th Street, 3rd floor. **Note: The meeting date has changed from April 6th to April 13th.** Guest Speaker: Police Officer Alvarez from Crime Prevention. Refreshments by Butterfield Market. Please visit our Street Fair, scheduled for **Saturday, May 4th** from 59th to 66th Street. For more information call: Community Affairs Office: 212-452-0613. Email address: info_19th_Pct@aol.com. Facebook: www.facebook.com/19thpctcc

New York-Presbyterian and Weill Cornell Medical College Spring 2015 Health and Wellness Seminars: **April 14**, *Let's Talk About Cancer: The Diagnosis and Treatment of Lymphoma and Colorectal Cancer*, John P. Leonard, M.D. and Felice H. Schnoll-Sussman, M.D.; **April 21**, *On the Skin: Skin Conditions, Bacteria and What We Touch Every Day*, Karen A. Chernoff, M.D. and Christopher E. Mason, Ph.D. **April 28**, *Women's Health: Physical Medicine and Rehabilitation for the Aging Population*, Jaclyn H. Bonder, MD and Katerina Fishman, PT, DPT; **May 5**, *Spine Health: Help is on the Way for Neck and Back Pain A Multidisciplinary Approach*, Naomi Feuer, MD, Roger Hartl, MD, Jaspal R. Singh, MD and Lisa R. Witkin, MD. When? 6:15-7:15pm. Where? Weill Greenberg Center, 1305 York Ave. (at E. 70th St.), 2nd Floor.

The East 79 Street Neighborhood Association will meet **Thursday, April 23 at 6:00pm**, at **Temple Shaaray Tefila, 250 East 79 Street** (Entrance on Second Avenue). Agenda: 19 Precinct Police Safety Report on neighborhood safety including vehicle, bike and pedestrian accident stats; Guest Speaker: JULIE MENIN, New York City Commissioner for Consumer Affairs; Elected Officials/ Reps Updates and Reports. **Free and Open to the Public.**

Memorial Sloan Kettering will provide **free head and neck cancer screening** on **Thursday, April 30** from 9:00 AM - 12:00 Noon at 16 East 60th Street, 4th Floor, Suite 405. The screening will include a ten-minute exam to look for signs of head and neck cancer, counseling on how to quit smoking and nutritional advice on cancer-preventive diets. No appointment is necessary. For further information, call 646-497-9161. On **Thursday, May 7 free skin cancer screening** will be provided from 4:00-7:00 PM at 16 East 60th Street, 3rd Floor, Suite 302. This screening is by appointment only, to make an appointment, call 646-888-6410 beginning at 9 AM on **Wednesday, April 29**.

Search and Care announces New Caregiver Group - If you're caring for a parent, a spouse, a family member or a friend who suffers from chronic health issues, please join us to share and listen, along with other caregivers. Refreshments will be served. This group will meet the **1st and 3rd Wednesday of each month**. When: **1st and 3rd Wednesdays of each month**. Time: 10:30-11:30am. Where: Carnegie East House, 1844 Second Avenue (95th-96th Streets), 2nd floor, Private Dining Room. Contact: Elizabeth Parlakian, Senior Social Worker, Search and Care, 212-289-5300 X202.

82nd Street Greenmarket located at 82nd Street between First and York Avenues is open on **Saturdays, year-round**, 9AM to 3PM with Compost and fabric/clothing/hats/shoes/belts collected 9AM-1PM. Premier local produce, baked goods, seafood, free-range poultry and eggs, grass-fed beef, cheese and more. Also bring household batteries, Britta filters, corks, printer cartridges and old eye glasses for recycling. For what to compost and more market details: <http://thisweekatthemarket.wordpress.com>

Gray Matters is an advisory and consulting group whose members have professional experience in finance, real estate, law, marketing, medicine, education, government and architecture. Their advice and skills are offered **free** to community-based not-for-profit organizations in the New York City area. We work with Executive and Board leadership of NY area-based nonprofit organizations of all sizes to help them address their strategic and operational problems and to plan for growth or restructuring. There is no set structure for our services. We work with your organization for as long as we mutually feel we can be of use, and with as many Gray Matters members as are needed to address your issues. We invite you to visit www.graymattersnyc.org to see who we are and learn more about the types of organizations we have helped and the kinds of services we have provided. Write us at info@graymattersnyc.org briefly describing your specific need or needs and indicate how and when we should contact you.

LawHelp/NY (www.LawHelp.org/NY) is an online tool for helping low-income New Yorkers solve their legal problems. The site provides free, user-friendly resources that supply critical legal information in fifteen areas of law (such as family, housing and immigration), and referral information to free legal aid programs. With a Spanish mirror site (www.ayudalegalny.org), LiveHelp (an online chat service in English and Spanish that helps visitors find legal information), and resources in 35 languages – LawHelp.org/NY is the first line of defense for vulnerable New Yorkers, especially immigrants, Hispanics and limited English proficient residents facing legal problems. LawHelp/NY has seen a dramatic upsurge in usage during the recession. In 2011, the site was visited 451,025 times. LawHelp/NY runs the Training and Information Statewide! (TIPS) program which conducts community outreach throughout the state.

Legal Information for Families Today (LIFT) Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit www.LIFTonline.org.

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website - www.hunter.cuny.edu/babysitting

The Day Care Council of New York, Inc. is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps, group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email jpinkos@dccnyinc.org.

Crime Victim Services is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or info@cb8m.com.