



## The City of New York Manhattan Community Board 8

505 Park Avenue, Suite 620  
New York, N.Y. 10022-1106  
www.cb8m.com  
James G. Clynes, Chairman

Phone: (212) 758-4340  
Fax: (212) 758-4616  
info@cb8m.com - E-Mail  
Latha Thompson, District Manager

## Community Bulletin Board – July 2016

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT [www.cb8m.com](http://www.cb8m.com)

**Street Activity Permit Office (SAPO)** - You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. **SAPO will no longer accept paper applications.** All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit [http://www.nyc.gov/html/cau/html/street\\_permitting/permit\\_and\\_events.shtml](http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml).

The **19th Precinct Community Council** will not hold a meeting until September. For more information call: Community Affairs Office: 212-452-0613. Email address: [info\\_19th\\_Pct@aol.com](mailto:info_19th_Pct@aol.com). Facebook: [www.facebook.com/19thpctcc](http://www.facebook.com/19thpctcc)

**The East 79 Street Neighborhood Association** will not be meeting in July but committee work will continue.

**Ronald O. Perelman Heart Institute - Education Center July 2016 Calendar of Activities. Blood Pressure Screening, Monday, July 11 and July 18, 10:30 - 11:30am, Greenberg Pavilion (main hospital) – 4<sup>th</sup> floor Atrium – Education Center. Joy Guevarra MSN ANP-c. Rowland Ramdass DNP ANP-c. Mi-Sun Kim MSN ANP-c: **Healthy Heart Talks.** Informal, interactive discussion to promote healthy living, **Tuesdays** at 1:00pm, Greenberg Pavilion (main hospital) – 4<sup>th</sup> floor Atrium – Education Center, **July 12 – From Pre-Diabetes to Diabetes: Is It Inevitable?** Jane Selev. DNP. MSN. MPH. GNP, BC-ADM, CDE, CDTC, FAAN, Rachel Stahl, RD, CDN, **July 26 – Aromatherapy,** Joyce ZaffarUllah, MS, RN, HN-BC, L.Ac; **HandsOnly CPR** (Adult Non-certification Class) **Every Thursday (except 7/7), 1:30 – 2:30pm,** Greenberg Pavilion (main hospital) – 4<sup>th</sup> floor Atrium – Education Center, To register - call (212) 746-9294 or email [perelmanheartedu@nyp.org](mailto:perelmanheartedu@nyp.org)**

**The Early Childhood Direction Center (ECDC) at NewYork-Presbyterian Hospital:** The ECDC in Manhattan provides free, confidential and neutral information and referral services to families and professionals working with young children diagnosed or suspected to have special needs. Children referred to the ECDC should reside in Manhattan and be between birth and five years of age. The ECDC is funded by the NYS Education Department and sponsored by NewYork-Presbyterian Hospital. For more information please call 212-746-6175, email [ecdc@nyp.org](mailto:ecdc@nyp.org) or visit the website at <http://nyp.org/ecdc>.

**GrowNYC 92<sup>nd</sup> Street Greenmarket** Farmers Market now open until **November 20<sup>th</sup>. Sundays, 9:00am – 5:00pm,** at East 92<sup>nd</sup> Street and First Avenue. At this market: Fresh locally grown fruits, vegetables, and more. EBT/Debit/Credit and WIC & FMNP Checks accepted at this farmers market. Food scrap collection every Sunday, 9:00am-1:00pm. For more information call 212-788-7900 or [www.GrowNYC.org/ourmarkets](http://www.GrowNYC.org/ourmarkets)

**82nd Street/St. Stephen's Greenmarket Saturdays Year Round:** 82nd Street between First and York, 9am–2pm; Compost & Clothes Collection – 9am–1pm; Our City's most successful small market with its all-star line-up of Bread Alone, Valley Shepherd, American Seafood, Ballard Honey, Floral Beauty Greenhouses, Samascott, Gajeski, Rising Sun, Alewife, Cherry Lane, Ole Mother Hubbard and Garden of Spices Farms! Plus, most warm-weather Saturdays, there's live acoustical music and Master Knife Sharpener Barbara Hess tabling to tend to your cutlery.

**Gray Matters** is an advisory and consulting group whose members have professional experience in finance, real estate, law, marketing, medicine, education, government and architecture. Their advice and skills are offered **free** to community-based not-for-profit organizations in the New York City area. We work with Executive and Board leadership of NY area-based nonprofit organizations of all sizes to help them address their strategic and operational problems and to plan for growth or restructuring. There is no set structure for our services. We work with your organization for as long as we mutually feel we can be of use, and with as many Gray Matters members as are needed to address your issues. We invite you to visit [www.graymattersnyc.org](http://www.graymattersnyc.org) to see who we are and learn more about the types of organizations we have helped and the kinds of services we have provided. Write us at [info@graymattersnyc.org](mailto:info@graymattersnyc.org) briefly describing your specific need or needs and indicate how and when we should contact you.

**LawHelp/NY** ([www.LawHelp.org/NY](http://www.LawHelp.org/NY)) is an online tool for helping low-income New Yorkers solve their legal problems. The site provides free, user-friendly resources that supply critical legal information in fifteen areas of law (such as family, housing and immigration), and referral information to free legal aid programs. With a Spanish mirror site ([www.ayudalegalny.org](http://www.ayudalegalny.org)), LiveHelp (an online chat service in English and Spanish that helps visitors find legal information), and resources in 35 languages – LawHelp.org/NY is the first line of defense for vulnerable New Yorkers, especially immigrants, Hispanics and limited English proficient residents facing legal problems. LawHelp/NY has seen a dramatic upsurge in usage during the recession. In 2011, the site was visited 451,025 times. LawHelp/NY runs the Training and Information Statewide! (TIPS) program which conducts community outreach throughout the state.

**Legal Information for Families Today (LIFT)** Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit [www.LIFTonline.org](http://www.LIFTonline.org).

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website - <http://www.hunter.cuny.edu/hunterhelpers>

**The Day Care Council of New York, Inc.** is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps, group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email [jpinkos@dccnyinc.org](mailto:jpinkos@dccnyinc.org).

**Crime Victim Services** is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

*Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or [info@cb8m.com](mailto:info@cb8m.com).*