



The City of New York Manhattan Community Board 8

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Community Bulletin Board – October 2013

PLEASE VISIT COMMUNITY BOARD 8'S WEBSITE AT www.cb8m.com

Street Activity Permit Office (SAPO) - You may now apply online for street fairs, block parties and festivals. Applicants can submit online applications at <https://nyceventpermits.nyc.gov>. **SAPO will no longer accept paper applications.** All applicants should be aware that the deadlines for applications submission remain unchanged as do the rules and regulations governing the SAPO permitting process. For more information, call 212-788-2403 or visit http://www.nyc.gov/html/cau/html/street_permitting/permit_and_events.shtml.

Memorial Sloan-Kettering Cancer Center invites community residents to attend the following free events: Join us for a CancerSmart talk on *Lymphomas: New Treatments, Fresh Hope on Wednesday, October 2 from 6:00 – 7:30 PM* at the Rockefeller Research Laboratories, 430 East 67th Street, Auditorium, between First and York Avenues. Please call 212-639-3074 or visit us at www.cancersmart.org to register for our programs and to sign up for our e-newsletter. The Evelyn H. Lauder Breast Center and Memorial Sloan-Kettering Imaging Center are hosting *Knowledge Is Power: Breast Cancer Awareness Fair on Wednesday, October 16 and Thursday, October 17 from 10:00 AM – 3:00 PM* at 300 East 66th Street, between First and Second Avenues. Learn about Memorial Sloan-Kettering's breast cancer screening program, fitness and nutrition, psychosocial and support services, managing treatment side effects, products at Memorial Sloan-Kettering's boutique for breast cancer patients, and much more. Mini educational seminars will also be provided. For more information, go to www.mskcc.org/breastcancerfair.

Weill Cornell Medical College Myra Mahon Patient Resource Center presents Health Education Seminars. **October 3rd**, Lisa Witkin, MD, "Getting Older Doesn't Have to Hurt"; **October 10th**, Julie Kolzet, PhD, "Cognitive Behavioral Therapy for Weight Management"; **October 17th**, Mary Olson, DNP, ANP, "New CDC Recommendations for HCV Screening"; **October 24th**, Soo J. Rhee, MD, "Current Treatment of Varicose Veins". When? 6:15PM-7:15PM, Q & A following. Where? Weill Greenberg Center, 1305 York Ave. @ 70th St., 2nd Fl, RSVP 646-962-5721 or mmprc@med.cornell.edu Free lecture series open to the public.

The 19th Precinct Community Council Please join us at the Community Council meeting which is being held **Monday, October 7th** at 7:00pm at the 19th Precinct, 153 East 67th Street (between Lexington and Third Avenues). Third Floor. Refreshments courtesy of Butterfield Market. For more information, contact the 19th Precinct Community Affairs at 212-452-0613 or Helms19ca@aol.com. To be added to our email list please email us at: info_19th_pct@aol.com

The East 79 Street Neighborhood Association will meet on **Thursday, October 10, 6pm**, at **80 St Residence, 430 E. 80 St., (York-1st Aves)**. Agenda includes 19 Precinct Police Report on neighborhood safety; Guest Speaker: NYC Department of Consumer Affairs; Elected Officials Updates and Reports. Free and open to the public.

Yorkville Chapter of AARP will hold their next monthly meeting on **Thursday, October 10, 2013**, at Immanuel Lutheran Church, 1296 Lexington Avenue between 87th and 88th Street, at 1PM. Meetings are held on the second Thursday of each month (except July and August) and includes speakers addressing health, community, safety, social, and economic issues relating to New Yorkers living in or near the upper east side of Manhattan. The October 10th meeting will feature "Vocal Ease" Cabaret. All seniors are welcome to become members and get involved in Chapter projects. For more information, call: [917-573-3296](tel:917-573-3296).

Manhattan Eye, Ear and Throat Hospital (MEETH) is hosting Take Care of Your Eyes World Sight Day on **Thursday, October 10, 2013**. FREE eye screenings for adults only sponsored by North Shore-LIJ Health System at Manhattan Eye, Ear and Throat Hospital, West Eye (First Floor), 210 East 64th Street, New York, NY 10065 from 8:00am-4:00pm. For more information call (212) 702-7777.

Shred-A-Thon: Halloween Edition 82nd Street Greenmarket, 82nd Street between First and York, **Saturday, October 26th**, 10am-2pm All those old tax docs and yellowing resumes? Decades of paid bills and ancient cancelled checks lurking in fat manila envelopes in desk drawers, crammed into the back of file cabinets? Time to turn 'em into infinitesimal bits of paper by the great, industrial-grade shredding truck! FREE to one and all! No limits on what you can bring! But please remove spiral bindings and paper clips. And no paper shopping bags. (Upper Green Side thanks Assembly Member Kellner for his generous grant.)

NYC Parks Reserve a Mobile Unit for your event. From **now through the end of October this year**, Parks has three mobile units that are available for events for free. There are three different types of mobile units available, and each come with a variety of activities for children and Parks staff to run these activities. Anyone who is looking to do this is encouraged to call and sign up for a mobile unit as soon as possible. Once the warmer weather starts, they are in high demand. To book one of these vans or find out more information, please call our Manhattan Borough Coordinator at (212) 408-0275.

Central Park Conservancy announces FREE Girls Basketball Clinic. Hone your basketball skills in a girls-only environment, with instruction from professional coaches. Where: North Meadow Recreation Center, mid-park at 97th St. When: **Through October, Saturdays 2013**, 10:00am-11:30am. Ages: 9 – 14. Pre-registration has begun – call 212-348-4867. Check our website for information about this and other CPC recreation programs: www.centralparknyc.org/visit/recreation

92nd Street Greenmarket located on the east side of First Avenue between 92nd and 93rd. Open **Sundays until November 24th**, 9am-4pm with Compost Collection 9AM-1PM. The best in local produce, baked goods, seafood and more. Also bring your household batteries, Britta filters, corks, printer cartridges and old eye glasses for recycling. For what to compost and more market details: <http://thisweekatthemarket.wordpress.com>.

82nd Street Greenmarket located at 82nd Street between First and York Avenues is open on **Saturdays, year-round**, 9AM to 3PM with Compost and fabric/clothing/hats/shoes/belts collected 9AM-1PM. Premier local produce, baked goods, seafood, free-range poultry and eggs, grass-fed beef, cheese and more. Also bring household batteries, Britta filters, corks, printer cartridges and old eye glasses for recycling. For what to compost and more market details: <http://thisweekatthemarket.wordpress.com>

Gray Matters is an advisory and consulting group whose members have professional experience in finance, real estate, law, marketing, medicine, education, government and architecture. Their advice and skills are offered **free** to community-based not-for-profit organizations in the New York City area. We work with Executive and Board leadership of NY area-based nonprofit organizations of all sizes to help them address their strategic and operational problems and to plan for growth or restructuring. There is no set structure for our services. We work with your organization for as long as we mutually feel we can be of use, and with as many Gray Matters members as are needed to address your issues. We invite you to visit www.graymattersnyc.org to see who we are and learn more about the types of organizations we have helped and the kinds of services we have provided. Write us at info@graymattersnyc.org briefly describing your specific need or needs and indicate how and when we should contact you.

LawHelp/NY (www.LawHelp.org/NY) is an online tool for helping low-income New Yorkers solve their legal problems. The site provides free, user-friendly resources that supply critical legal information in fifteen areas of law (such as family, housing and immigration), and referral information to free legal aid programs. With a Spanish mirror site (www.ayudalegalny.org), LiveHelp (an online chat service in English and Spanish that helps visitors find legal information), and resources in 35 languages – LawHelp.org/NY is the first line of defense for vulnerable New Yorkers, especially immigrants, Hispanics and limited English proficient residents facing legal problems. LawHelp/NY has seen a dramatic upsurge in usage during the recession. In 2011, the site was visited 451,025 times. LawHelp/NY runs the Training and Information Statewide! (TIPS) program which conducts community outreach throughout the state.

Legal Information for Families Today (LIFT) Family Legal Center offers free workshops, legal information and social work services to parents and grandparents involved in child support, custody, and visitation cases. All services are offered in English and Spanish at 350 Broadway, Room 400. For more information, please call (646) 613-9633 or visit www.LIFTonline.org.

Need a babysitter? A tutor for your child? Someone to walk your dog during the day? If so, consider hiring a Hunter student. **Hunter Helpers** is a service that matches up Hunter College students with residents in the neighborhood who need a helping hand. For more information, visit their website - www.hunter.cuny.edu/babysitting

The Day Care Council of New York, Inc. is a not-for-profit organization that provides families with child care information in all five boroughs of New York City, particularly infant and young toddler care. They offer **free** information and guidance in choosing day care, family care, Head Start, after-school programs, nanny services, summer camps group family care and other child care concerns. For more information, please call Jon Pinkos at 212-206-7818 x114 or via email jpinkos@dccnyinc.org.

Crime Victim Services is a non-profit program, designed to aid and compensate innocent victims of crime who meet certain criteria. The program is free of charge. For more information, please call Teresa Navarro at 212-585-6142 or 6281.

Manhattan Community Board 8 strongly encourages you to contact us with your concerns or questions about issues affecting you and your neighbors. If you know of anyone who would like to receive our monthly mailing via standard mail or electronically, please encourage him or her to contact the board office at 212-758-4340 or info@cb8m.com.